

Personalized Assistance for Newport News Public Schools Employees

Optima Health Navigator Program

*We are excited to introduce the
Navigator Program!*

*Call us: 757-552-7110 or
1-800-229-1199*

Monday–Friday 8 a.m.–6 p.m.

OptimaHealth 



With the **Optima Health Navigator Program**, a personal Navigator can help you:

- **find a new primary care physician**
- **schedule new patient visits with certain providers and facilities**
- **schedule visits for services such as:**
 - CAT scans
 - PET scans
 - laboratory services like glucose tolerance tests or lactose intolerance tests
 - respiratory therapy
 - ultrasounds
- **answer questions about:**
 - claims
 - explanation of benefits
 - estimated costs for services and procedures
- **and more**



First Name, Last Name

ADDRESS

CITY, STATE ZIP CODE

Visit optimahealth.com/navigator to learn more.