Newport News Public Schools
Middle School Menu
USDA is an equal opportunity provider and employer.

Available Daily!
PB&J Sandwiches
Baby Carrots
Apple Slices
1 Cup of Garden Salad
Yogurt, String Cheese & Cheez-its
Fat Free Chocolate, Strawberry,
White Milk and 1% White Milk
Juice (Tues. & Thurs.)

*Menu item contains pork
Students may take 2 vegetables & 1 fruit

Breakfast Menu
Monday
Sausage* Biscuit, PB&J, Cereal/Grahams
Tuesday
French Toast Sticks, Cereal/Grahams
Sausage & Pancake on Stick*
Wednesday
Egg/Cheese on Bun, Donut,
Cereal/Grahams
Thursday
Yogurt Parfait, Mini Pancakes,
Cereal/Grahams
Friday
Chicken Biscuit, Benefit Bars,
Cereal/Grahams

Monday, June 1
Pizza, Mozzarella Cheese Sticks,
Mini Cheeseburger Sliders
Garden Salad, Corn
Applesauce, Fresh Fruit

Tuesday, June 2
Chicken Nuggets, Yogurt Parfait,
Macaroni and Cheese w/Fish Sticks
Steamed Cabbage, Cherry Tomatoes w/Dip
Sliced Peaches, Fresh Fruit

Wednesday, June 3
Corndog, Rib-B-Que* on Bun,
Teriyaki Chicken Bowl w/Roll
Baked Beans, Broccoli
Mixed Fruit Cup, Fresh Fruit

Thursday, June 4
Hot Dog on Bun, Buffalo Pizza Crunchers,
Spaghetti w/Meat Sauce and Roll
Green Beans, Butternut Squash
Pineapple Chunks, Fresh Fruit

Friday, June 5
Crispy Chicken Patty on Bun, Fiestada Pizza,
Vegetarian Chili with Chips
French Fries, Spinach
Chilled Pears, Fresh Fruit

Monday, June 8
Spicy Chicken Tenders, Chicken Fajita,
Grilled Cheese Sandwich
Sweet Potatoes, Green Peas
Sliced Peaches, Fresh Fruit

Tuesday, June 9
Fish on Bun, Mozzarella Cheese Sticks,
Nacho w/Chili & Cheese and Roll
Refried Beans, Collard Greens,
Applesauce, Fresh Fruit

Wednesday, June 10
Chicken Nuggets, Meatball Sub,
Garlic Cheesy Bread
Garden Salad, Broccoli
Chilled Pears, Fresh Fruit

Thursday, June 11
Breakfast for Lunch, Crispy Chicken Patty on Bun,
Mini Ravioli with Roll
Green Beans, Potato Rounds
Spiced Apples, Fresh Fruit

Friday, June 12
Pizza, Totally Taco Max Snax,
Chicken Parmesan over Spaghetti w/Roll
Corn, Garden Salad
Fruit Cup, Fresh Fruit

Monday, June 15
Managers Choice.

Salad Choice of the Day
Monday
Southwestern Chicken Salad
Tuesday
Chef Salad*
Wednesday
Country Chicken Salad
Thursday
Chef Salad*
Friday
Hawaiin Chicken Salad