Monday, June 1
Teriyaki Chicken Bowl w/Roll, Corndog, Pizza Quesadilla, Mini Cheeseburger Sliders, Broccoli, Green Beans, Pineapple Chunks, Fresh Fruit

Tuesday, June 2
Uno Pizza, Chicken Nuggets w/Roll, Spaghetti w/Meat Sauce & Roll, Meatball Sub, Corn, Spinach, Applesauce, Fresh Fruit

Wednesday, June 3
Nachos w/Roll, Crispy Chicken Patty, Buffalo Pizza Crunchers, Fish on Bun, Refried Beans, Butternut Squash, Chilled Pears, Fresh Fruit

Thursday, June 4
Hot Dog w/Chili & Cheese, Lasagna w/Roll, Breaded Chicken w/Biscuit, Totally Taco Max Snax, Potatoes Au Gratin, Cherry Tomatoes, Peaches, Fresh Fruit

Friday, June 5
Barb-B-Que* on Bun, Buffalo Chicken Bites w/Roll, Mozzarella Cheese Sticks, Uno Pizza, Coleslaw, French Fries, Mixed Fruit Cup, Fresh Fruit

Monday, June 8
Popcorn Chicken Bowl w/Roll, Grilled Cheese Sandwich, Burrito, Hamburger/Chesseburger on Bun, Green Beans, Corn, Applesauce, Fresh Fruit

Tuesday, June 9
Stuffed Crust Pizza, Spicy Chicken Patty on Bun, Chicken Alfredo w/Roll, Cheese Quesadilla, Green Peas, French Fries, Peaches, Fresh Fruit

Wednesday, June 10
Managers Choice

Thursday, June 11
Exams
Breakfast Only
No Lunch Served

Friday, June 12
Exams
Breakfast Only
No Lunch Served

Monday, June 15
Exams
Breakfast Only
No Lunch Served

Available Daily!
Salad Bar
Deli Sandwiches/Wraps (including veg.)
PB&J Sandwiches
Yogurt Parfaits
Baby Carrots
Apple Slices
1 Cup of Garden Salad
Fat Free Chocolate, Strawberry, White Milk and 1% White Milk Juice

*Menu item contains pork
Students may take 2 vegetables & 2 fruits

NEWPORT NEWS PUBLIC SCHOOLS
HIGH SCHOOL MENU
USDA is an equal opportunity provider and employer.

Featured Specials of the Day

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Broccoli, Green Beans, Pineapple Chunks, Fresh Fruit

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Breakfast Menu

Monday
Sausage* Biscuit, PBJ, Cereal/Grahams

Tuesday
French Toast Sticks, Cereal/Grahams
Sausage & Pancake on Stick* Wednesday
Egg/Chesse on Bun, Donut, Cereal/Grahams

Thursday
Yogurt Parfait, Mini Pancakes, Cereal/Grahams

Friday
Chicken Biscuit, Benefit Bars, Cereal/Grahams

A single bad sunburn as a child or teen more than doubles your risk of skin cancer. Have fun in the sun, but if you’re going to be out for more than 10 or 15 minutes, use sunscreen. Every time!

WELLNESS IS A WAY OF LIFE!