

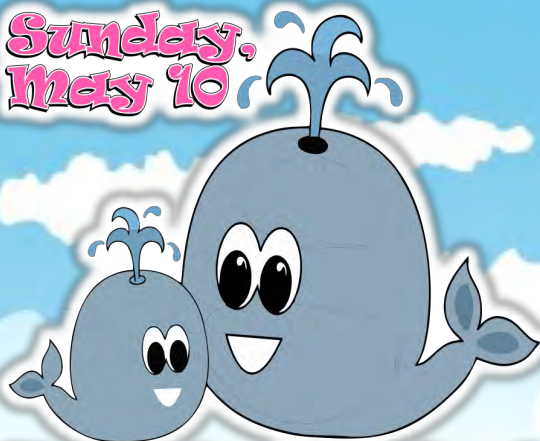
Menus for May & June 2026



Newport News Public Schools
New Horizons and Enterprise

This institution is an equal
opportunity provider.

Sunday, May 10



Happy Mother's Day!

Friday, May 1

Breakfast
Cinnamon Roll
Fruit-Juice-Milk

Lunch
Spicy Chicken Tenders
w/Roll
Garlic French Bread
Choose Two:
French Fries
Mixed Vegetables
Choose one:
Aloha Pear Cup



Cinco de Mayo (May 5th) celebrates a great
Mexican military victory in 1862.

Monday, May 4

Breakfast
Asst. Flavored Breads
Fruit-Juice-Milk

Lunch
Corndog Nugget
Manicotti/Garlic Stick
Choose Two:
Potatoes Au gratin
Broccoli
Choose Two:
Applesauce Cup

Tuesday, May 5

Breakfast
Dunkin Stick
Fruit-Juice-Milk

Lunch
Cheese Stuffed
Bread Sticks
Chicken Nuggets w/Roll
Choose Two:
Corn
Spinach
Choose Two:
Dole Fruit cup

Wednesday, May 6

Breakfast
Waffle Sandwich
Fruit-Juice-Milk

Lunch
Crispy Chicken Patty
On Bun
Fiestada Pizza
Choose Two:
Taco Fiesta Beans
Roasted Butternut
Squash
Choose Two:
Mixed Fruit Cup

Thursday, May 7

Breakfast
Asst. Mini Pancakes
Fruit-Juice-Milk

Lunch
Grilled Cheese
Spicy Chicken Tenders
w/Roll
Choose Two:
Tomato Soup
Green Beans
Choose Two:
Frozen Peach Cup

Friday, May 8

Breakfast
Benefit Bar
Fruit-Juice-Milk

Lunch
Chicken Wings
w/Cornbread Muffin
Individual Pizza Pie
Choose Two:
Steamed Cabbage
French Fries
Choose Two:
Aloha Pear Cup



TOASTED.

Just one bad, blistering
sunburn as a child
doubles your risk for
skin cancer later in life.
Yet more than half
of all kids report having at
least a minor sunburn in
the past year. Don't get
burned this summer!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, May 11

Breakfast
Breakfast Break
Fruit-Juice-Milk

Lunch
Stuffed Crust Pizza
Fiesta Hot Pocket
Choose Two:
Broccoli Bites
Sweet Potatoes
Choose Two:
Diced Peach
Cobbler Cup

Tuesday, May 12

Breakfast
Sausage Pancake Stick*
Fruit-Juice-milk

Lunch
Popcorn Chicken Bowl
w/Roll
Pizza Calzone*
Choose Two:
Mashed Potatoes
w/Gravy
Corn
Choose Two:
Mandarin Orange Cup

Wednesday, May 13

Breakfast
French Toast Sticks
Fruit-Juice-Milk

Lunch
Bacon Cheeseburger*
Pizza Crunchers
Choose Two:
Tator Tots
Baked Beans
Choose Two:
Strawberry Cup

Thursday, May 14

Breakfast
Zee Zee's Smore Bar
Fruit-Juice-Milk

Lunch
Spicy Chicken Patty
On Bun
Breakfast for Lunch*
w/Cinnamon Toast
Choose Two:
Hash Browns
Collard Greens
Choose Two:
Spiced Apples

Friday, May 15

Breakfast
Cinnamon Roll
Fruit-Juice-Milk

Lunch
Fish Patty w/Cheese
On Bun
Chicken & Waffles
Choose Two:
Vegetable Medley
French Fries
Choose Two:
Pink Lemonade
Applesauce Cup

Available Daily

PBJ-Whole Fresh Fruit
Apple Slices
Yogurt w/String Cheese
w/Cheez-its
Baby Carrots-Garden Salad
Nonfat White Milk
Low-fat White Milk

Monday, May 18

Breakfast

Asst. Flavored Breads
Fruit-Juice-Milk

Lunch

Buffalo Chicken Pizza
Spaghetti w/Meatballs
w/Garlic Stick
Choose Two:
Sweet Potato Fries
Green Beans
Choose Two:
Mixed Fruit Cup

Tuesday, May 19

Breakfast

Dunkin Stick
Fruit-Juice-Milk

Lunch

Teriyaki Chicken Bowl
w/White Rice & Roll
Stromboli*
Choose Two:
Corn
Broccoli
Choose Two:
Frozen Peach Cup

Wednesday, May 20

Breakfast

Waffle Sandwich
Fruit-Juice-Milk

Lunch

Nachos w/Roll
Individual Pizza Pie
Choose Two:
Refried Beans
Carrot Coins
Choose Two:
Strawberry Cup

Thursday, May 21

Breakfast

Asst. Mini Pancakes
Fruit-Juice-Milk

Lunch

Beef Hot Dog on Bun
w/Chili & Cheese
Roasted Chicken Leg
w/Cornbread Muffin
Choose Two:
Mashed Potatoes/Gravy
Baked Beans
Choose Two:
Strawberry Banana
Applesauce Cup

Friday, May 22

Breakfast

Benefit Bar
Fruit-Juice-Milk

Lunch

Grab and Go

Salad of the Day

Mon-Chef's Salad w/Garlic Stick
Tues-Country Chicken Salad
w/Crackers
Wed-BLT Salad* w/Garlic Stick
Thurs-Country Chicken Salad
Fri-Hawaiian Chicken Salad
w/Lemon Bread

*Menu item may contain pork

Monday, May 25



Tuesday, May 26

Breakfast

Sausage Pancake Stick*
Fruit-Juice-Milk

Lunch

Cheese Stuffed
Bread Sticks
Chicken Nuggets w/Roll
Choose Two:
Corn
Spinach
Choose Two:
Dole Fruit Cup

Wednesday, May 27

Breakfast

French Toast Sticks
Fruit-Juice-Milk

Lunch

Crispy Chicken Patty
on Bun
Fiestada Pizza
Choose Two:
Taco Fiesta Beans
Roasted Butternut
Squash
Choose Two:
Mixed Fruit Cup

Thursday, May 28

Breakfast

Zee Zee's Smore Bar
Fruit-Juice-Milk

Lunch

Grilled Cheese
Spicy Chicken Tenders
w/Roll
Choose Two:
Tomato Soup
Green Beans
Choose Two:
Frozen Peach Cup

Friday, May 29

Breakfast

Cinnamon Roll
Fruit-Juice-Milk

Lunch

Chicken Wings
w/Cornbread Muffin
Individual Pizza Pie
Choose Two:
Steamed Cabbage
French Fries
Choose Two:
Aloha Pear Cup

Have a
GREAT SUMMER!

Thanks for eating with
us this year. We look
forward to seeing you
in August!

Monday, June 1

Breakfast

Asst. Flavored Breads
Fruit-Juice-Milk

Lunch

Stuffed Crust Pizza
Fiesta Hot Pocket
Choose Two:
Broccoli Bites
Sweet Potatoes
Choose Two:
Diced Peach
Cobbler Cup

Tuesday, June 2

Breakfast

Dunkin Stick
Fruit-Juice-Milk

Lunch

Popcorn Chicken Bowl
w/Roll
Pizza Calzone*
Choose Two:
Mashed Potatoes/Gravy
Corn
Choose Two:
Mandarin Orange Cup

Wednesday, June 3

Breakfast

Waffle Sandwich
Fruit-Juice-Milk

Lunch

Bacon Cheeseburger*
Individual Pizza
Choose Two:
Tator Tots
Baked Beans
Choose Two:
Strawberry Cup

Thursday, June 4

Breakfast

Asst. Mini Pancakes
Fruit-Juice-Milk

Lunch

Spicy Chicken Patty
on Bun
Breakfast for Lunch*
w/Cinnamon Toast
Choose Two:
Hash Browns
Collard Greens
Choose Two:
Strawberry Cup

Friday, June 5

Breakfast

Benefit Bar
Fruit-Juice-Milk

Lunch

Fish Patty w/Cheese
On Bun
Chicken & Waffles
Choose Two:
Vegetable Medley
French Fries
Choose Two:
Spiced Apples

Monday, June 8

Breakfast

Sausage Pancake Stick*
Fruit-Juice-Milk

Lunch

Buffalo Chicken Pizza
Spaghetti w/Meatballs
Choose Two:
Sweet Potato Fries
Green Beans
Choose Two:
Frozen Peach Cup

Tuesday, June 9

Breakfast

Breakfast Break
Fruit-Juice-Milk

Lunch

Teriyaki Chicken Bowl
w/White Rice & Roll
Manager's Choice
Choose Two:
Corn
Broccoli
Choose Two:
Mixed Fruit Cup