Newport News Public Schools
High School Menu

USDA is an equal opportunity provider and employer.

Available Daily!

Salad Bar
Deli Sandwiches/Wraps (including veg.)
PB&J Sandwiches
Yogurt Parfaits
Baby Carrots
Apple Slices
1 Cup of Garden Salad
Fat Free Chocolate, Strawberry,
White Milk and 1% White Milk
Juice

*Menu item contains pork
Students may take 2 vegetables & 2 fruits

Featured Specials of the Day

Monday, June 1
Teriyaki Chicken Bowl w/Roll, Corndog,
Pizza Quesadilla, Mini Cheeseburger Sliders
Broccoli, Green Beans
Pineapple Chunks, Fresh Fruit

Tuesday, June 2
Uno Pizza, Chicken Nuggets w/Roll,
Spaghetti w/Meat Sauce & Roll, Meatball Sub
Corn, Spinach
Applesauce, Fresh Fruit

Wednesday, June 3
Nachos w/Roll, Crispy Chicken Patty,
Buffalo Pizza Crunchers, Fish on Bun
Refried Beans, Butternut Squash
Chilled Pears, Fresh Fruit.

Thursday, June 4
Hot Dog w/Chili & Cheese, Lasagna w/Roll,
Breaded Chicken w/Biscuit, Totally Taco Max Snax
Potatoes Au Gratin, Cherry Tomatoes
Peaches, Fresh Fruit

Friday, June 5
Barb-B-Que* on Bun, Buffalo Chicken Bites w/Roll,
Mozzarella Cheese Sticks, Uno Pizza
Coleslaw, French Fries
Mixed Fruit Cup, Fresh Fruit

Fun in the Sun?
A single bad sunburn as a child or teen more than doubles your risk of skin cancer. Have fun in the sun, but if you’re going to be out for more than 10 or 15 minutes, use sun screen. Every time!

Breastfast Menu

Monday
Sausage* Biscuit, PB&J, Cereal/Grahams

Tuesday
French Toast Sticks, Cereal/Grahams
Sausage & Pancake on Stick*

Wednesday
Egg/Chessec on Bun, Donut,
Cereal/Grahams

Thursday
Yogurt Parfait, Mini Pancakes,
Cereal/Grahams

Friday
Chicken Biscuit, Benefit Bars,
Cereal/Grahams

Students may take 2 vegetables & 2 fruits

Wellness is a Way of Life!